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Bangalore Mirror ON SUNDAY

TEMP Max 29 | Min 20 | Humidity 64% Mostly Cloudy Sensex 65,387 | Nifty 19,435 | Gold 59,410 | Silver 74,514 | Dollar 82.72 | Euro 89.32 | GBP 104.12

PRICEY PLATE

Household budgets awry as now lentil and rice prices hit the kitchen roof

PAGE 2

BIO HAZARD

Nearly 40% of biomedical waste generated in Karnataka left unattended

PAGE 7

At training session on electric autos for women drivers, BM meets the other half — eager to hit the road to support their families or just to chip in

LADIES, TAKE THE WHEEL

Electric vehicles easier to use and more cost-effective, say women

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TWEETS @BangaloreMIRROR

Shylaja, a single mother of two daughters, has been driving an auto for five years now to be able to take care of her children's education. These days there is something new happening in her life. The electric vehicle revolution has touched her life.

Shylaja, along with several other women auto drivers, were trained on how to use the electric auto rickshaw.

While many of the women have been driving autos for some time now, some are eager to embark on a journey as auto drivers, aiming to provide financial support to their families.

BM met some of these auto drivers at SUN Mobility, while they hosted an introductory session on its technology for these female auto drivers on August 29.

Nagalakshmi, a 41-year-old auto driver, tells BM how she started driving autos. She used to work full-time as a delivery person, driving the delivery vehicle for the company, working from morning to evening, but could not earn as much as she wanted to.

"I saw my friend driving an auto

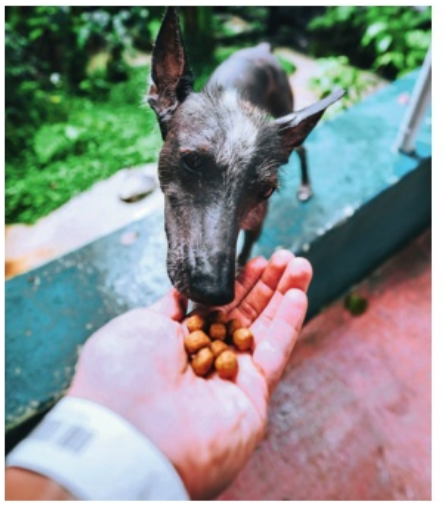
CONTINUED ON PAGE 6 »

"I am able to earn more. My husband passed away nine years ago. I have two children that I had to take care of. I am able to earn roughly Rs 2,000 each day. Driving autos will help me support my family better

– Nagalakshmi, auto driver

A middle ground to care for strays

For first time in city, animal welfare committee formed to resolve issue of community animals in Whitefield housing society



| Garima Prasher
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TWEETS @BangaloreMIRROR

Bengaluru has formulated its first-ever Animal Welfare Committee (AWC) under the Animal Birth Control (ABC) Rule, 2023. The committee has been put together by the Animal Husbandry Department of Bruhat Bengaluru Mahanagara Palike (BBMP) to resolve the feeding issue of community animals in a housing society in Whitefield.

"This is the first-ever AWC constituted in Bengaluru under Animal Birth Control (ABC) Rule, 2023. The rule has the provision to formulate the committee in case of conflict between the resident welfare association or apartment owner association and the animal caregivers or other residents. The committee was formulated to fix feeding spots in a housing society. The AWC has already had the meeting and the outcome will be communicated to the housing

CONTINUED ON PAGE 4 »

3 THINGS TO DO

01 Birding hour

If you are a bird enthusiast, then here's a chance for you to participate in a bird-watching event with BngBirds. This walk promises to be an unforgettable morning of bird-watching around a beautiful lake. Don't forget to put on your comfy clothes, bring your binoculars, a cap, and water.
Where: Saul Kere East Gate
When: Today; 6:30am – 9:30 am

02 Art is best

Artisera presents Rakhee Shenoy's first solo exhibition, Presence of Absence, featuring her latest series of mixed media artworks. Shenoy is an artist and designer based in Bengaluru and a trained textile designer. She is known to combine drawing, painting, digital art, and embroidery.
Where: Bangalore International Centre, Domlur; online on www.artisera.com; When: Today; it continues online until September 24

03 Precious stones

Don't miss the chance to attend 'Hi Life Jewels', one of the most spectacular jewellery shows in the city. The exhibition is set to bring together over 100 premium jewellery brands under one roof, catering to the Indian woman's love for opulent jewellery that defines her rich signature style. The show is a perfect destination for bride-to-be individuals.
Where: Taj West End; When: Today; 10 am–8 pm

For equality

Students, senior citizens and working professionals took part in a silent protest to uphold the constitution pledge against casteism and Islamophobia, in Bengaluru on Saturday

Budget under pressure: This time, it's our lentils

Cost of pigeon peas soars drastically; half of produce was wasted last year due to crop diseases and floods, reveals expert

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If you believe that the drop in tomato prices is easing your kitchen expenses, you might want to think again. Although tomato prices have plummeted, with some places selling them for as low as Rs 10 per kg, down from their previous high of Rs 120 to Rs 140 per kg, the prices of other essential items, particularly pigeon peas, are skyrocketing.

Haris D, a shopkeeper in the city, revealed, "Previously, we sold a kilogramme of pigeon peas for Rs 135, but now it has soared to Rs 175 per kg. Likewise, the prices of all grain items have surged. For instance, black-eyed white beans have jumped from Rs 95 per kilogramme to Rs 135. Chickpea split has risen from Rs 70 to Rs 90 per kilogramme, chickpea prices have increased from Rs 70 to Rs 90 per kilogramme, steamed rice now costs between Rs 48 and Rs 60 per kilogramme, and raw rice has gone up from Rs 55 to Rs 60 per kilogramme. Among rice varieties, Rajamudi rice, often recommended for diabetics, has seen consistent price hikes, starting at Rs 40, then going to Rs 60, and now priced at Rs 74."

Pigeon pea, a crucial ingredient in many meals, has experienced price hikes due to poor crop yields. In 2019, a quintal of pigeon pea was sold at the APMC market for Rs 5,800, which rose to Rs 6,280 in 2020, Rs 6,850 in 2021, and has now nearly doubled to Rs 12,140. Sources suggest that prices may continue to rise.

Santosh Langar, a trader, explained, "Currently, pigeon pea stocks are depleting. Poor crop yields are causing prices to rise. During this monsoon, pigeon pea was cultivated on 5.82 lakh hectares in the pigeon pea belt of North Karnataka. However, due to inadequate rainfall, most crops are failing. Last year, pigeon pea was sown on 4.87 lakh hectares, and 70 per cent of the produce was unusable due to crop diseases and subsequent floods. Typically, 60 lakh quintals of pigeon pea are produced in North Karnataka, but last year, production was only 35 lakh quintals."

> **"Previously, we sold a kilogramme of pigeon peas for Rs 135, but now it has soared to Rs 175 per kilogramme** – Haris D, a shopkeeper in the city

Furthermore, Samad Patel, Joint Agricultural Director of Kalaburagi, explained, "Half of the produce was wasted last year due to crop diseases and floods, which caused prices to rise."

Unless the government intervenes, prices may continue to rise due to low stocks and no incoming stocks of pigeon peas, added another trader.

Homemakers say that it's time for the government to monitor the situation and stabilise prices.

Sreemukhi D, a homemaker, said, "This surge in prices of essential food items like pigeon peas and grains is posing a significant challenge to households, particularly those on a tight budget. Families are grappling with the need to spend more on basic necessities, making it essential for them to rethink their spending and dietary choices. Hence, it is time to explore more affordable protein sources and diversify their diets to cope with the rising costs of staple foods. Additionally, it's crucial for both the government and agricultural authorities to monitor the situation closely and consider interventions to stabilise prices and ensure that essential commodities remain accessible to all segments of society."

PICTURE FOR REPRESENTATION ONLY

Citizens say that it's crucial for both the government and agricultural authorities to monitor the situation closely

Home buyers have some demands too

Forum writes to DyCM asking that their association be registered and RERA be strengthened

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The Karnataka Home Buyers Forum has written to the Deputy Chief Minister to take action regarding the registration of Home Buyers Apartment Association/Society and strengthen RERA in Karnataka.

Highlighting the woes of home buyers, the forum stated that one of the biggest challenges we are facing in Karnataka is Project Land title is not getting conveyed to the association of home buyers who purchase an apartment as required as per section 11 of KOFA and sec 17 of RERA.

In its letter addressed to the DyCM, the forum requested that the government should issue an order to declare the competent authority to register apartment owner's association in Karnataka so the promoters can comply with section 17 of RERA 2016 to transfer the common areas to association of allottees, to define the process and stamp duty guidelines for executing conveyance deed to transfer the common areas to association of allottees so that promoters can comply with section 17 of RERA 2016, to stop the practice of promoters claiming deemed registration of an association under KAOA 1972 through practice of registering Deeds of Declaration (DoD) with Byelaws of deemed association, asking Department of Co-operation to Registrar of Co-Operative societies to issue notifications to ensure all apartment associations are registered as a cooperative society under the Karnataka Cooperative Societies Act, 1959.

If the builder is untraceable or unwilling to participate in conveyance, the home buyers could apply to the Registrar for deemed conveyance.

Sanchalak of Karnataka Home Buyers Forum, Dhananjaya Padmanabhachar told BM, "Home buyer's land is not getting transferred to the association of owners. Hence, the land continues to remain with the promoter.

When you purchase the flat, the builder will mention the undivided interest within the sale deed but if you check the land records, it remains with the land owner/builder.

The undivided interest will never get converted to khata bifurcation and it's only mentioned in the sale deed. This practice allows the promoter to claim the land at any point. In Maharastra, a cooperative society is formed and transfers the land rights to the society. However, Karnataka fails to follow this model.

> **"The undivided interest will never get converted to khata bifurcation and it's only mentioned in the sale deed. This practice allows the promoter to claim the land at any point.**

About the failure to declare the competent authority for registering homeowners' association, the forum has filed a complaint at Lokayukta against the Principal Secretary of the Housing Department, Government of Karnataka on grounds of corruption and dereliction of duty.

MP Tejasvi Surya had also written to Chief Minister Siddaramaiah highlighting the home buyer's concerns after the forum made a representation.

House break-in gang busted

A gang involved in house break-ins was busted by Attibele police on Saturday. The accused would break into people's houses, tie the hands and feet of the occupants and then rob them. The latest such robbery had taken place in Anekal. In connection with a total of three cases, the Attibele police station of Anekal subdivision arrested six persons and jailed them.

The accused have been identified as N Satish Kumar, Manikantan, Satish, Ayyanar, Kiran, Satish alias Matan Satish. All the arrested are from Tamil Nadu. The accused were also involved in multiple other cases. In November 28 last year, the house of an LIC agent was robbed at Kumar Layout in Attibele. The accused had come to the house to get an LIC policy. Once, when Devaraj Gowda and his wife Manju were in their house, the men turned up, showed handguns and taped the couple's mouths to commit the robbery. In 2023, the accused had robbed people at knife point.

Former minister's gunman accused in cheating case

In an alleged case of cheating, a FIR has been filed at the Vidhana Soudha Police Station against the gunman of former Mines and Geology Minister Halappa Achar. A contractor from Davanagere claims the gunman defrauded him of Rs 10 lakh by promising to secure him a contract.

Raghavendra, the gunman for Achar, allegedly met a contractor H Raju Naik at Vidhana Soudha in 2021. According to the complaint, Raghavendra promised to secure a Rs 30 crore contract for him in the Mayakonda and requested a 12% commission. The gunman received a Rs 10 lakh advance from him in exchange for a contract. In October 2021, he allegedly gave Raghavendra the money in two installments.

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Hurdle: Complex web of issues to untangle

Neotown Road in Electronic City suffers with numerous issues, including garbage menace, indiscriminate parking, improper lighting; residents irked

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Residents say that the irresponsible behaviour of many has led to the emergence of rodents attracted by the smell and leakage from the discarded waste

The residents of Neotown Road, located in front of Prestige Sunrise Park Apartments in Electronic City, have been plagued with a series of issues. Residents pointed out that the road has inadvertently become a dumping ground due to the careless disposal of waste from nearby restaurants.

Anuran Mohanty, a resident of PSP Norwood, said, "Individuals, often arriving in auto rickshaws, are disposing of their garbage on the roadside. This irresponsible behaviour has led to the emergence of rodents attracted by the smell and leakage from the discarded waste. This unsightly and unhygienic situation poses both aesthetic and health-related concerns for the area."

Further, Iswar Dixena, a resident of PSP Birchwood, told Bangalore Mirror that Neotown Road is currently facing a pressing issue with the increasing population of strays as the area grapples with a garbage menace. "These dogs have taken to scavenging through the accumulated garbage along the roadside and have even begun chasing vehicles and residents during nighttime hours. This growing population of stray dogs has resulted in a significant safety hazard for both pedestrians and drivers in the area," Dixena said.

Many also highlighted the issue of encroachment plaguing Neotown Road.

Gaurav Maini, a resident of Laa Moon Stone, said, "Numerous shops have sprung up along the roadside, steadily increasing in number month by month. These establishments not only occupy valuable roadside space but also contribute to the accumulation of garbage along the road. Moreover, their presence has led to traffic jams as vehicles associated with these shops obstruct the flow of traffic. The practice of affixing posters to society borders only exacerbates the issue."

> **"The absence of proper parking signs and penalties for illegal parking has compounded the problem, affecting the overall flow of traffic**
> – a resident

The road has transformed into an unofficial parking zone, accommodating a wide range of vehicles, from heavy trucks to cabs, throughout the day. This indiscriminate parking has significantly narrowed the road's width, leading to severe traffic congestion during office hours.

Another resident added, "The absence of proper parking signs and penalties for illegal parking has compounded the problem, affecting the overall flow of traffic. Furthermore, a glaring safety concern on the Neotown Road is the lack of adequate street lighting. The only source of illumination comes from the boundary lights of the Prestige Sunrise Park Apartments. This deficiency in proper lighting poses a significant danger, especially in conjunction with the presence of stray dogs and the deteriorating road condition."

The residents expressed that the road's condition is deteriorating. Despite numerous complaints and inquiries, the road remains unresolved, posing a major hazard to both residents and passing traffic. The presence of substantial earth pits, unattended gravel and sand heaps, and abandoned dozers along the road's boundary for months has resulted in a hazardous and inconvenient passage for all those who use it.

Panel to resolve RWA-animal caregiver conflict

CONTINUED FROM PAGE 1

Society concerned," said a BBMP official. As per the ABC Rule, 2023, AWC can be created in case of any conflict between the RWA and the animal caregivers.

The committee, under the rule, should comprise a chief veterinary officer, a representative from the jurisdictional police, a representative of the District Society for Prevention of Cruelty to Animals (DSPCA) or State Board, a representative of any recognized animal welfare organisation conducting animal birth control, veterinary officer deputed by the local authority, complainant, representative of the RWS or local body of that area.

The guidelines under ABC rule also state that the decision of the committee constituted under sub-rule (2) of rule 20 shall be the final decision about the fixing of the feeding point and the committee may also nominate a person from amongst the designated colony caretaker by the Board to feed those animals in that area.

In case of any local authority or animal welfare organisation or any feeder RWA aggrieved by the decision of the committee will have to reach out to the State Board of Animal Welfare and the decision of the board shall be the final decision for feeding of animals in that area.

BM had earlier written about the residents from the given housing society raised complaints about troublesome rules put in place by the RWA regarding feeding community dogs. According to a few residents of the apartment complex, the society has issued a blanket notice in the form of a standing operating procedure (SOP) to all residents who do not allow feeders to feed community dogs unless special permission is sought from the association.

According to AWC members, the 10 dogs inside the residential society are community dogs and feeding spots have already been decided by the newly formed committee and soon will be communicated to the RWA.

"There was no consensus on feeding spots between the RWA and animal welfare workers of the society. This AWC was formed to identify the feeding spots.

We heard RWA and feeders and have come up with a few spots inside the residential layout. While the RWA was trying to push the spots outside of the residential area, the committee has decided that dogs going to different areas for feeding is dangerous both for the dogs and the residents.

The recommendations will soon be communicated to the RWA. We have also recommended that RWA raise a boundary wall around the society to restrict the number of community dogs to 10 and consider adding a shelter," said Chitra Amzarewale Sapre, the representative of DSPCA and member of AWC.

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Don't park here

Millers Road

The unauthorised auto parking on the footpath behind Cantonment Station demands swift action to restore pedestrian access.

Rusted zone

Dickenson Road

The rusted and broken iron wire fencing surrounding the land next to AVR Swarna Jewels on Dickenson Road poses a danger to pedestrians, particularly children.

Uncleaned

Jayanagar

Unattended debris near Jayanagar 4th Block Metro Station for the past seven years has sparked concerns among residents about safety and cleanliness.

Manipal Hospitals Launches MARS NOW

Pioneering Neonatal Ambulance Service Redefines Critical Infant Care

In the crucial first hours and days after birth, every newborn deserves the utmost care and attention, particularly those born prematurely or with congenital medical conditions. Neonatology is not just a medical field; it represents a commitment to nurturing newborns, especially those facing health challenges at birth. Understanding the significance of providing specialized care to infants during their initial days, Manipal Hospitals has introduced MARS-NOW (Manipal Ambulance Response Service-Neonatal Care on Wheels). This groundbreaking initiative is set to redefine neonatal care standards in Bangalore and the surrounding regions.

The service was inaugurated by Dinesh Gundu Rao, Minister of Health & Family Welfare, Govt. of Karnataka on Friday last, along with Tara Anuradha, a prominent actress and politician. The event was graced by the presence of Dr. H Sudarshan Ballal, Chairman, Manipal Hospitals, Dr. Karthik Nagesh, Chairman & HOD - Neonatology, Manipal Hospital Old Airport Road, Dr. Rajath Pejaver, Consultant – Neonatology, Manipal Hospital Old Airport Road, and Dr. H A Venkatesh, Consultant – Neonatology, Paediatrics, Manipal Hospital Old Airport Road.

Bangalore Mirror and Vijay Karnataka, in collaboration with Manipal Hospitals, organized an interactive program on the sidelines of MARS-NOW launch to highlight the need for this special service.

In cases of premature births occurring before 34 weeks of gestation (upto even 23 weeks) or with a birth weight (even sometimes less than 500 grams) coupled also with congenital conditions such as Transposition of the Great Arteries (TGA), Ventricular Septal Defect (VSD), respiratory issues, neurological concerns, or surgical requirements, newborns require intensive care. MARS-NOW, with its specialized neonatal ambulance service, ensures these infants receive prompt and appropriate care.

Dr. Karthik Nagesh, Chairman-HOD & Consultant - Neonatology, Pediatrics, Manipal Hospital, Old Airport Road, who possesses over 30 years of dedicated experience in neonatal care, highlighted that he initiated the first neonatal transport service in 1995. He recalled a critical case in which a baby from Coimbatore was born with a blocked windpipe. Dr. Karthik Nagesh, recognizing the gravity of the situation, organized the baby's transportation to Bengaluru and provided life-saving treatment. According to him, Manipal Hospitals was the pioneer in establishing a neonatal road transport facility in the country.

Now, with Manipal Hospitals operating over 10 hospitals in Bengaluru, MARS-NOW serves as the first clustered network transport. Trained neonatal experts from all centers collaborate to transport critically ill babies from other hospitals to Manipal's facility as needed. This ensures sick neonates receive care at the nearest and most suitable neonatal unit within the cluster. Additionally, a referral-back service ensures that once the baby recovers and no longer requires NICU care, they are transported back to their previous hospital for ongoing treatment.

Dr. H Sudarshan Ballal, Chairman, Manipal Hospitals, expressed, "We recognize that newborns deserve the utmost care, especially during critical moments. Our Neonatal Transport Service is a seamless extension of our neonatal care, demonstrating our expertise in neonatology and our dedication to compassionate care."

Dr. Karthik Nagesh, who also Chairs the New Born Cluster at Manipal Hospitals emphasized, "With MARS-NOW, we deliver care even before a child reaches the hospital. Beginning with four ambulances at our disposal, each ambulance has designated neonatal teams, including neonatal consultants, neonatal transport registrars, trained paramedics, and nurses. Two of these ambulances are dedicated to in-house patients, while the other two are stationed within the city to provide swift access to neighboring hospitals, ensuring that patients in need of emergency medical attention receive prompt and efficient transportation for treatment."

Facilities within the ambulances include infant incubators, heart and lung monitors, high-frequency and conventional ventilators, nitric oxide administration, blanket warmers, and advanced vehicle suspension for a smooth ride, all designed to enhance patient comfort and minimize stress during transport.

During a panel discussion, doctors highlighted some compelling case studies. In one instance from 2003, twin babies were born extremely premature, weighing just 1 kg each, in a small Coimbatore hospital. These 27-week preterm babies required ventilator support but the Coimbatore hospital lacked a NICU. Dr. Karthik Nagesh and his team were contacted, administered surfactant to stabilize the babies, and organized their safe transport via chartered Jet Airways to Manipal Hospital in Bengaluru. After two months of treatment, both babies were discharged and have since thrived academically.

Dr. Nagesh emphasized, "When I received the call from Coimbatore, I immediately wanted to see the baby. The babies were on ventilators, and their lung condition was critical. The doctors there had expressed low chances of survival. I administered surfactant, a life-saving medication for premature babies, directly into their lungs to improve ventilation while establishing IV lines to stabilize them. We then arranged for a chartered flight to bring the babies to Bengaluru. They received excellent care and are now leading successful lives."

Dr. HA Venkatesh, Consultant, Neonatology, stressed the importance of immediate treatment upon diagnosis. He explained that in cases diagnosed during prenatal scans, treatment can commence while the baby is still in the womb, often through medication administration. He emphasized the significance of maintaining the ABCs - Airway, Breathing, and Circulation - in babies. Most of the time, cardiac problems in utero can go unnoticed, with only a 50% detection rate during scans. Nonetheless, immediate diagnosis and treatment are crucial for better outcomes..

Manipal NICU specialties

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LIFE'S ON

Trespassing in Bandipur?

Actor's act puts focus on eco norms

Experts lament flouting of eco-sensitive zone norms issued by Supreme Court at state's wildlife sanctuaries

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The potential violations of construction norms in the Eco-sensitive Zone (ESZ) of Bandipur Tiger Reserve by Kannada actor Ganesh has once again fuelled the conversation around ineffective implementation of ESZ rules in Karnataka.

A few days ago, officials of Bandipur Tiger Reserve sent the actor a notice regarding the nature of construction work on his 1.2-acre property in survey no 105, Jakahalli, Angala hobli, Gundlupet taluk in Chamarajanagar district. This was after the range forest officer in the region noticed heavy machines being used in the ESZ area for construction. The department served the actor with the notice stating that the permission sought for the construction of a temporary structure was not in line with the work being carried out. The department asked the actor to appear before ESZ committee members with an explanation.

However, wildlife conservationists and experts highlight that ESZ guidelines by the Supreme Court are being flouted in all protected areas and wildlife sanctuaries across the state. They say the negligence of the ESZ monitoring committee and the indulgence of its member in building a ranch in the eco-sensitive zone has undermined the very essence of the SC-defined ESZ.

"The revenue department should be held responsible for these anti-forest developments. Farmers, who have been battered by extreme climate events, will have to bear the consequences

File photo of Bandipur Tiger Reserve. According to the norms, no permanent structure should be allowed around a 10-km radius of sanctuaries

As per the guidelines on ESZs around national parks and wildlife sanctuaries, the land falling within the 10-kilometer boundary of National Parks and sanctuaries should be notified as ESZs, zones that can act as shock absorbers for protected areas. The guidelines say no permanent structures should be built and free animal movement should be allowed. However, a large number of homestays and resorts have been built across all ESZs in the state.

"It also states that no animal waste, plastic, and other waste items should enter freshwater streams in the area. If these structures are allowed in ESZs, many such other rules are bound to be broken. Moreover, temporary farmhouse structure provision under ESZ is being exploited too.

The traditional concept of a farmhouse is a small shed to monitor the crop and field, which is not how modern farmhouses are made. There is a lot of political interference in the Forest Department's work leading to such violations," said Ramesh Belagere, wildlife researcher, Foundation of Ecology and Education Development.

While Ganesh has challenged the Karnataka Forest Department's lacuna in not issuing notices to others who had built permanent structures in the ESZ, experts say if the court allows the actor to go ahead with construction, more and more investors will start constructing farmhouses and ranches in the area, leading to an escalation in man-animal conflicts in the region.

Haven or hell?

"His property, inside the Kundhkere range, Bandipur Tiger Reserve, has been fortified with double-layer solar fences, including tentacle solar, to keep elephants away from the film star's to-be haven. Though he had been given permission to build a temporary structure, he had raised concrete pillars to build his farmhouse. Heavy machinery had also been employed to alter the existing landscape in the eco-sensitive zone. Part of a hill slope had been destroyed against regulations. The revenue department should be held responsible for these anti-forest developments. Farmers, who have been battered by extreme climate events, will have to bear the consequences of elephants destroying their crops," said Joseph Hoover, former State Board for Wildlife member and founder of the United Conservation Movement and Charitable Trust.

When the future is electric, women are in drivers' seat

CONTINUED FROM PAGE 1

and realised that this was better than the delivery work. I am able to earn more. My husband passed away nine years ago. I have two children that I had to take care of. I am able to earn roughly Rs 2,000 each day. Driving autos will help me support my family better," she said.

Shylaja tells BM her kids are in Class 10 and 6. The session has proved to be an eye-opener for her. "I understood after the session that electric auto is very easy to learn as there is no gear.

Compared with my CNG vehicle, I know I have to keep 200 to 300 aside every day for fuel. In battery I don't think I will have to keep so much money aside," she said.

Not everyone present at the gathering wanted to drive autos to cater to financial need, some women simply wanted to do it because they were bored at home.

"I was a housewife before. I decided to drive autos thinking I could also contribute to taking care of my home and family rather than staying at home. I had not much to do at home, so I thought I might as well drive an auto," said Mamta.

Nagalakshmi's friend who has been driving autos for three months now, says she is being trained by the auto driver union on how to drive e-autos.

"While EVs cater to the sustainability aspect, these women also find it easier to drive e-autos given that they are gearless," a union member told BM.

Sun Mobility had organised the session to help the female drivers understand how the batteries are made, and tested, and also to show them how battery swapping works. The session was also intended to educate the drivers on the benefits associated with e-autos with swappable batteries.

Anant Badjatya, CEO, SUN Mobility, said, "We commend the auto union's dedication to empowering women by teaching them to drive autos. Several attendees from the session pointed out that EVs being a gearless vehicle, are easier to drive. The soundless nature of the vehicles makes them a more comfortable ride."

He said it is also cost-efficient. "A swappable battery is perhaps the best way to effectively use an EV, giving drivers the ability to achieve longer range. The associated cost benefits, 40% lower cost of ownership (as compared to both fixed battery EVs and ICE/ CNG), will help them save money."

This activity comes ahead of the launch of the Metro Mitra app. The unions intend to train and make female auto drivers ready to be a part of this initiative to boost last-mile connectivity. The Metro Mitra App is an initiative by auto unions in collaboration with the Bengaluru Metro Rail Corporation Ltd (BMRCL).

Minister seeks masterplan for zoos

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Minister for Forests, Biology and Environment, Ishwara B Khandre, has directed the Karnataka Zoo Authority to devise a masterplan for the comprehensive development of Bannerghatta Biological Park in Bengaluru and Sri Chamarajendra Zoo in Mysuru. The instruction was issued during the governing council meeting of the Karnataka Zoo Authority held in the city on Saturday.

"Karnataka's zoos enjoy a good reputation worldwide. Moreover, the natality rate of the animals in the zoo is also good. Thus, we advocated the need for a comprehensive policy to protect large numbers of wild animals and to make zoos even more informative and audience-friendly. It will help children learn more about various fauna and flora," said Khandre.

The Minister also instructed the authorities to prepare and submit a comprehensive report on the need to upgrade the zoos in Gadag and Kalaburagi.

"As there are no dense forests in Bidar district, children do not get to know and learn about wild animals and nature. If a zoo is established in the district, the present generation will get a chance to see and learn about wild animals. I have instructed the zoo authority to formulate an action plan for the establishment of a zoo in Bidar district too," added Khandre.

He also underlined that although there are ample opportunities for eco-tourism in the state, it has not been adequately utilised and a new policy is needed to develop tourism that is eco-friendly and sustainable. During a meeting with the Ecotourism Development Board, the minister asserted that adventure tourism should be a part of ecotourism. This can be achieved in collaboration with the Department of Youth Empowerment and Sports and the Tourism Department.

"There is a lot of interest among today's youth in eco-tourism like river rafting and trekking. With more than 300 km of coastline in Karnataka, opportunities for eco-tourism here too are high," said the Minister and directed the Board to prepare a report for formulating a new policy for enabling tourism in such places through discussions with environmental experts and other stakeholders.

Biohazard alert

Nearly 40% of biomedical waste being generated in state daily is unattended to

| Garima Prasher
garima.prasher@timesgroup.com

TWEETS @BangaloreMIRROR

Karnataka is the only state in southern India that is not tending to all biomedical waste (BMW) being generated daily.

According to a recent report on the management of BMW by the Central Pollution Control Board (CPCB), the state faces a massive gap between generation and treatment and disposal of this hazardous waste. While 77,639 kilogram of BMW is being generated in Karnataka daily, only 48,096 kg is being treated and disposed of scientifically, leaving behind nearly 40% of this waste unattended.

The rest of all states and union territories in south India have been cautious and are on guard. While Andhra Pradesh generates 19,720 kg of BMW every day from 11,964 healthcare facilities, it scientifically treats and disposes of 100% of BMW with the help of 12 Common Biomedical Waste Treatment Facilities (CBWTFs).

Kerala generates 61,136 kg BMW per day from 17,875 healthcare facilities and all of it is treated and disposed of with the help of two CBWTFs and 44 captive treatment facilities at healthcare centers. Tamil Nadu produces 45,215.93 kg of BMW per day from 26,597 healthcare facilities and treats all of it with the help of 10 CBWTFs.

Yet another south Indian state, Telangana, generates 24,235 kg of BMW per day from 8,149 healthcare facilities and treats 100% of this waste with the help of 11 CBWTFs. The two union territories are also managing their BMW well. While Puducherry generates 4,638.5 kg of BMW per day from 387 healthcare facilities treats and disposes of this waste with the help of one CBWTF, Lakshadweep produces 86.76 kg of BMW from 56 healthcare facilities and treats it all with the help of captive treatment facilities at 10 healthcare centers.

However, while Karnataka has 26 operational CBWTFs, the second highest in the country after Maharashtra, nearly 30,000 kg of BMW is unattended.

Experts say that for environment-friendly disposal of BMW, there should be no gap between generation and treatment & disposal of biomedical waste.

Karnataka was first state to implement bio waste regulation

First and last

"Karnataka was the first state to implement BMW waste regulation and, tragically, we are the ones trailing. Every hospital has the legal and moral responsibility to dispose of its waste scientifically. There are district-level monitoring committees formulated to look into these issues. Improper segregation and disposal of BMW have the potential to impact human health and the environment adversely. It is high time the BMW management rules are enforced strictly," said AN Yellappa Reddy, a city-based environmentalist.

Karnataka also fares poorly when it comes to the utilisation of CBWTFs by healthcare facilities. In Andhra Pradesh, 96% of the healthcare facilities utilize CBWTFs in the state, it is 83% in Kerala, 100% in Tamil Nadu, 94% in Telangana, and 100% in Puducherry. However, in the case of Karnataka, only 61% of the healthcare facilities are utilizing the CBWTFs.

> **Rigorous monitoring is needed to fill this gap between generation and scientific disposal of BMW. KSPCB can look at a tech-based monitoring system**
> – Rajbir Singh, Saahas

KSPCB fails in mandate, yet again

According to guidelines by CPCB, to check the adequacy of the available treatment capacity of CBWTF, the state pollution control board (KSPCB in Karnataka) is the responsible agency for conducting a gap analysis concerning the generation of BMW and available treatment capacity. The treatment capacity of existing CBWTFs and their compliance status should also be regularly assessed by the SPCB to review the requirement for additional treatment facilities. Moreover, any incidents or reports of illegal dumping or open burning of waste and non-complying facilities should be acted upon quickly, and appropriate action should be initiated by SPCB, including the levying of environmental compensation charges. It is the SPCB that has to ensure that coverage of CBWTFs is available to every healthcare facility to the extent possible to ensure effective treatment and disposal of BMW.

Experts say KSPCB has failed in delivering the mandates when it comes to the management of BMW. While BMW management rules are stringent, implementation is lacking.

"Rigorous monitoring is required to fill this gap between generation and scientific disposal of BMW. KSPCB should look at a technology-based monitoring mechanism. Moreover, there is a lack of awareness about BMW segregation even at healthcare facilities but the collection is still left to service providers. KSPCB should conduct regular awareness programs for the employees of these facilities to bring about any behavioral changes," said Rajbir Singh of Saahas who is also associated with the biomedical industry.

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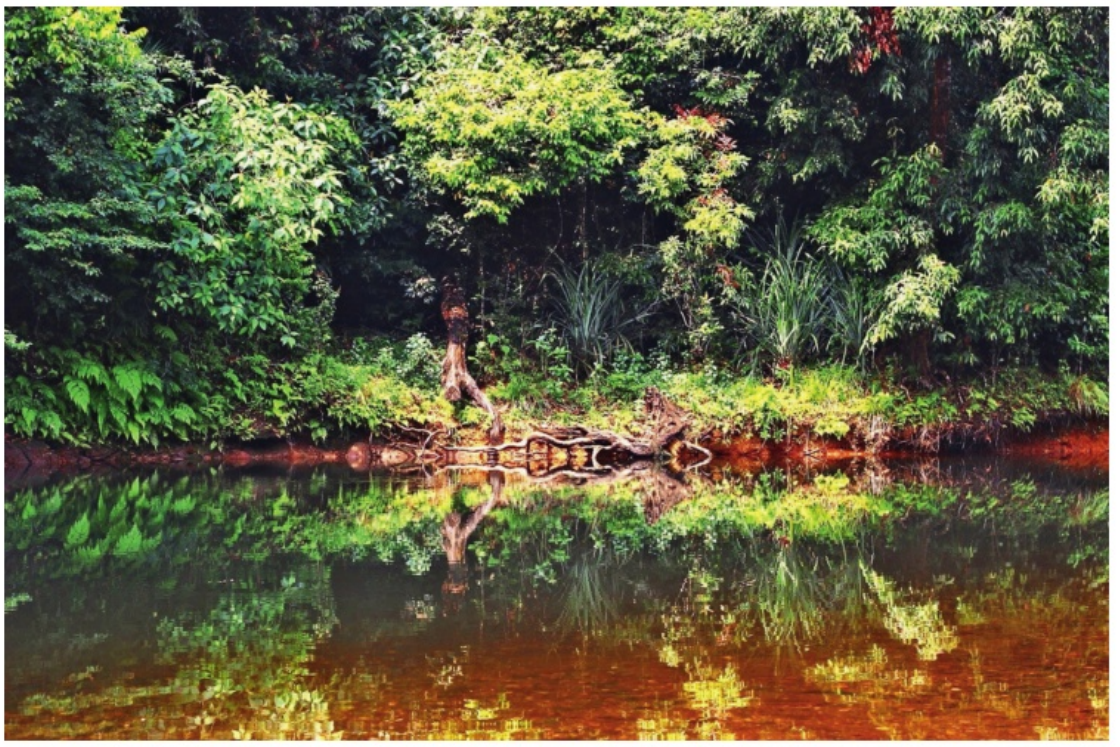
BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

IN MIDST OF SERENITY

The reflections of trees falling on the water add a beautiful touch



The picture was clicked by BM reader **Madhulika Shruthi Victor**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

No violation goes unnoticed

Citizens launch campaign to restore law and order in Whitefield; now violations can be captured on live tracker

Starting Thursday, citizens of Whitefield can report any civic violations in the area, track these violations on an interactive map, and also follow up on the complaints till they are resolved by respective government agencies. This is made possible through a campaign christened SpotTheViolation, an initiative by the members of the Whitefield Citizen Ward Committee.

Committee members say the purpose of the campaign is to restore law and order in the area. They complain that a spate of civic violations in the recent past has turned Whitefield, once a peaceful and clean neighbourhood, into a ruined neighbourhood, a victim of unplanned growth and widespread lawlessness.

"We have come across many blatant violations of laws in the area that are making life miserable for all ward residents. The campaign is an effort by the residents to correct the situation," said a ward committee member.

Through this crowdsourcing campaign, residents can report violations such as unauthorised construction, unlawful commercial activities, encroachments, overhanging cables, flex posters, illegal borewells, lake rejuvenation and encroachment issues, noise pollution, other pollution, traffic violations, public nuisances, and hazards.

> **"Residents are losing their peace of mind. While citizens suffer, government agencies are not active** – S Anirudhan

Violations falling into more than 30 categories can be reported anonymously by taking pictures and videos. Once reported, violations will be captured on a live tracker on the ward committee website and also displayed on an interactive map. The committee will collate the information on violations submitted by citizens online, forward it to the authorities, and follow up for action under the law.

Locals say every infrastructure facility in the area is breaking down due to overcrowding, which is putting severe strain on amenities and also leading to an influx of illegal commercial activity and footpath encroachments. The increasing density of population is also destroying the peace in the area and ruining the quality of life.

"Layouts have become extremely crowded, leading to various illegal commercialisations. Residents are losing their peace of mind. While citizens are suffering, government agencies have not been active. Thus, we have decided to take matters into our own hands. These violations, through the map, will be summarised for the departments concerned so we can demand action. The initiative will highlight the magnitude of the problem and make it all visible. We would like to arrest and reverse the current situation of lawlessness," said Sandeep Anirudhan, another ward committee member. **— BMB**

Violations falling into more than 30 categories can be reported anonymously by taking pictures and videos

DID YOU KNOW?

In recognition of the philanthropic work of Enayatulla Mehkri, the area today known as Mekhri Circle was named after him. Over the years, the spelling has been spelled wrong, and it's Mehkri and not Mekhri. It is said that the Mehkri family migrated from the Mehkr in Syria. They were advisors in the court of the Mughals. Enayatulla Mehkri was also one of the freedom fighters. This circle in the city serves as a major bus stop that links several parts of the city to neighbourhoods like Sanjaynagar, Hebbal, RT Nagar, Yelahanka, Kempegowda International Airport, and more. Opposite the bus stop is the luxury hotel Four Seasons.

GET HEARD WITH MIRROR

9591233247

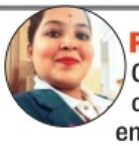
Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

How can we as individuals and the government contribute to lessen air pollution in the city?

Varshitha, BM Reader
The number of vehicles is increasing day by day in the city. The use of public transportation should be increased; this reduces the dust in the air.



Ramya C, BM Reader
Greenhouse gases like carbon dioxide and nitrogen dioxide are emitted from cars. From factory outlets, methane, carbon dioxide, and nitrous oxide are released during the combustion of fossil fuels like coal, oil, and natural gas to produce electricity. This causes air pollution in the atmosphere.

Vishwanath K, BM Reader
While constructing a building, doing concrete work, or laying a new tar road, the local administration should have a proper plan, and it shouldn't be delayed. As the work gets delayed, people have to suffer as it creates dust.

Girija R, BM Reader
Toxic particles from cigarette smoke get deposited on tree leaves and plants exposed to smoke. This smoke also affects nonsmokers and pollutes the clean air.

Manjula C, BM Reader
The government should charge a penalty for people disobeying the rules, like littering in the smoke-free zone and a few people mixing kerosene with petrol for commuting; this pollutes the air by increasing the dust particles.

Radhika D, BM Reader
Electric vehicles should be used by the citizens; this will reduce dust in the city to a greater extent. Awareness programmes regarding air pollution and its effects must be provided by the government to the public.

SPEAK TO US

What can help general public increase their trust and dependence on public transportation?

If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

Canada pauses talks on free trade
Canada has paused negotiations for a free trade agreement with India and now both countries will mutually decide on resuming the talks

BangaloreMirror | 9
Sunday, September 3, 2023
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8-member panel to look at 1 election plan

Former President Ram Nath Kovind Chairman; Amit Shah and Adhir Ranjan in panel to examine issue of elections

#NEW DELHI

Law Ministry's recent notification on Saturday announced the names of eight members who will be forming 'One Nation One Election Committee' along with former Indian President Ram Nath Kovind as the chairman.

"The Government of India constitutes a High-Level Committee (HLC) to examine the issue of simultaneous elections and make recommendations for holding simultaneous elections in the country," said the notification.

Names of Committee Members:

- Amit Shah- Minister of Home Affairs and Minister of Cooperation, Government of India
- Adhir Ranjan Chowdhury- Leader of Single Largest Party in Opposition, Lok Sabha
- Ghulam Nabi Azad- Former Leader of Opposition, Rajya Sabha
- NK Singh- Former Chairman of the 15th Finance Commission
- Subhash C. Kashyap- Former Secretary General, Lok Sabha
- Harish Salve- Senior Advocate
- Sanjay Kothari- Former Chief Vigilance Commissioner

Apart from the members, Niten Chandra, Secretary to the Government of India, Department of Legal Affairs has been appointed as the secretary to the committee.

"Arjun Ram Meghwal, Minister of State (Independent Charge) Ministry of Law and Justice, Government of India shall attend the meetings of the HLC as Special Invitee," said the notification.This comes after the government called for a special session of Parliament for five days starting September 18.

File photo of security personnel and polling staffers conducting a check as EVMs leave a polling booth

History of 'One Nation, One Election'

The 107th report of the Law Commission in 1999 advocated putting an end to the 'cycle of elections every year' and said a separate election to a legislative assembly should be "an exception not the rule". The 22nd Law Commission in its 2018 draft proposed "restoration" of simultaneous polls.

In 2015, the Parliamentary Standing Committee on Personnel, Public Grievances, Law and Justice backed the plan with a series of suggestions on addressing sticky points that could arise. It reported support from the AIADMK, Asom Gana Parishad, Shiromani Akali Dal, Indian Union Muslim League among others. The Indian National Congress, Nationalist Congress Party, Communist Party of India and the All India Trinamool Congress rejected it as impractical and undemocratic.

In 2017, a Niti Aayog paper suggested a two-phase switch to simultaneous polls starting from the 2019 Lok Sabha elections. While the last general elections saw no such move, a lot of synchronisation has since happened on a common electoral roll. **– ET Online**

Bank-loan funds used for personal expenses of Jet's Naresh Goyal: ED

#New Delhi / Mumbai

Dubious and personal expenses of Rs 1,000 crore were made from bank-loan funds for Jet Airways founder Naresh Goyal and his family members even as the airline "diverted" money to some tax havens, the Enforcement Directorate (ED) alleged on Saturday, after arresting the businessman in a money-laundering case.

Goyal (74) was taken into custody late on Friday night after the federal probe agency took him to its Mumbai office from Delhi. A special court set up to deal with cases lodged under the Prevention of Money Laundering Act (PMLA) on Saturday sent him to the ED's custody for 10 days, till September 11.

The agency issued a statement, claiming that the total non-performing assets (NPAs) of Goyal's group -- Jet Airways (India) Limited or JIL -- stood at Rs 5,951.46 crore, with the largest share (Rs 1,636.23 crore) being held by the State Bank of India (SBI) among the consortium of nine banks that had exposure to the company and its promoters.

The ED investigation has found that "in the garb of professional and consultancy, dubious expenses to the tune of Rs 1,000 crore were booked, personal expenses of Naresh Goyal and his family members were booked in the company, and unaccounted transactions credited to the foreign accounts of the promoters".

Jet Airways founder Naresh Goyal being produced before a court by Enforcement Directorate (ED) officials a day after his arrest, in Mumbai

JIL "diverted" funds to overseas entities based in Dubai, Ireland and other tax havens, including the British Virgin Islands, in the garb of general selling agents' commission, which was paid to related parties and entities connected to Goyal and his associates, the ED has alleged. The agency has added that Goyal was summoned twice after raids were conducted against him in July, but he "failed" to appear. **– PTI**

Fan boy

A cricket fan during the Asia Cup Group A match between India and Pakistan at Pallekele International Cricket Stadium on Saturday in Kandy, Sri Lanka

Woman disrobed, paraded by husband; 10 arrested

#Jaipur

As the incident of a 21-year-old tribal woman being stripped and paraded in a Rajasthan village sparked outrage, police on Saturday said they have arrested 10 people, including her husband, and detained a minor. A day after the video of the incident appeared on social media, Rajasthan Chief Minister Ashok Gehlot met the victim and her family in Dhariyawad in Pratapgarh. He announced financial assistance of Rs 10 lakh and a government job for the woman. Gehlot said the accused will be tried in a fast-track court and given the strictest punishment. "Such tragic and inhuman incidents should be condemned in one voice by the ruling and opposition parties," he said. **– PTI**

'Like a dream coming true': Aditya L1 project director

 # Sriharikota

Addressing fellow scientists at ISRO to cheers and claps after the successful launch of the country's first solar mission — Aditya L1 — Nigar Shaji, the director of the project, said on Saturday that it was like a dream coming true.

Speaking to ANI on Saturday, Shaji said, "It feels like a dream coming true. I am extremely happy that Aditya L-1 has been injected successfully (into the designated orbit) by the PSLV. Aditya L-1 has successfully embarked on its 125-day journey."

"As and when the Aditya L-1 fulfills all its mission objectives, it will be an asset for the country as well the global scientific community. I want to thank the entire (ISRO) team for their support and guidance in making this mission possible," the project director of the Aditya L1 mission added.

ISRO launches solar mission, Aditya-L1 from Satish Dhawan Space Centre in Sriharikota on Saturday

Earlier, on Saturday, the Indian Space Research Organisation said the payload covering the Aditya L1 spacecraft was separated as it left Earth's atmosphere following its successful launch from Sriharikota in Andhra Pradesh.

"The third stage of the separation of PSLV carrying the Aditya-L1 orbiter has been completed," as per ISRO.

"The launch of Aditya-L1 by PSLV-C57 is accomplished successfully," it added.

The vehicle has placed the satellite precisely into its intended orbit, the agency said, adding that the country's first solar observatory has begun its journey to its destination — the L1 point which lies between the Earth and the Sun.. **– ANI**

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personal

CHANGE OF NAME

I, MUGDHA VARIYAR W/o. Rohit Venugopal, residing at No. 002, B Block, Sai Krupa Elegancy, Anjaneyaswamy Housing Society, Turahalli, Bangalore-560061, have changed my name as MUGDHA SREEKUMAR VARIYAR, vide affidavit dated 30.08.2023, sworn before notary S.R Thulasikrishna, Bangalore.

I, Dhananjay Rao T S/o Gangadhar Rao T R/o Midtown Opulent, Flat A113, Harohalli Road, Sorahaunse, Varthur, B'lore-560087 have changed my name to Dhananjay Rao Tavarpalli for all purposes.

I, SONAL S SANKHLA alias SONAL SUNIL SANKHLA, residing at Flat No.2115, Prestige West Woods Apartment, Gopalapura, Binnipet, Magadi Road, Bengaluru-560023 have changed my name to SONAL SANKHLA,and hereby will be called so, affidavit dt: 01.09.2023 Notary Vanajakshi .R, B.lore.

I, Prashant Kumar R/o No 124 Yashodamma Nilayam Bk Layout Thindlu B'lore-97 Changed My Name Prashant Singh to Prashant Kumar for All Future Purposes.

I Deepak Rangappa S/o Rangappa aged about 40 years R/at No.327, 8th Main, HRBR Layout, 1st Block, Kalyan Nagar, Banaswadi, B'luru-560043 wish to state that my father's name is printed as Ranganatha L instead of Rangappa in my SSLC/10th standard marks sheet. Hence, my father's name has to be corrected to Rangappa vide affidavit dated: 31st August 2023 sworn before Notary Uday Kumar K, Blr.

GENERAL

ANNOUNCEMENT

Ferns City Plot Owners Association will hold the EGM and AGM on 17.09.2023 (Sunday) at 9.00am. Venue: Ferns City Residential Club, Doddanakkundi, Bangalore 560037. For any further information please contact 9448201153
Email to: fcpoa.office@gmail.com

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HEALTH TIP: Setting a regular bed time for kids is especially important because lack of sleep can weaken the immune system

Nuts like almonds, hazelnuts, and peanuts, along with their butters and oils, as well as sunflower seeds, wheat germ are excellent sources of vitamin E

BangaloreMirror | 12
Sunday, September 3, 2023
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All you need to know about...

Kids' sleep

Nod and behave
Although sleep is important for a child's overall health, it can also have an impact on their behaviour. According to a new study from the University of Georgia's Youth Development Institute, obtaining adequate sleep can help children cope with the consequences of stressful surroundings.

Impulsive kids
"Stressful environments are shown to make adolescents seek immediate rewards rather than delayed rewards, but there are also adolescents who are in stressful environments who are not impulsive," said lead author Linhao Zhang of UGA's College of Family and Consumer Sciences. "We looked at what explains that link and what makes some people differ from others. One mechanism we found is sleep."

Sleep problems
Sleep problems, such as sleep latency (the time it takes an individual to fall asleep) and impulsive behaviours, were checked at multiple time points over the course of two years. When children got less than the recommended nine hours of sleep or took more than 30 minutes to get to sleep, there was a strong link to impulsive behaviours later down the line. Some of these behaviours included acting without a plan, seeking thrills or sensations, and lacking perseverance.

Sleep was a mediator between these actions, however, and when sleep problems were absent during the study, impulsivity was also less likely to be observed in the future.

Neurological hyperconnectivity, wherein the adolescents' brains remained very active even when they were not actively engaged in tasks, also played a role, Zhang said.

—ANI

SCOOP IT UP

When is it ever not a good time for ice cream?

HONEY DREAM DELIGHT ICE CREAM

INGREDIENTS
- 2 cups heavy cream
- 1 cup whole milk
- 3/4 cup honey
- 4 large egg yolks
- 1 teaspoon vanilla extract
- Pinch of salt

METHOD
- In a medium saucepan, combine the heavy cream and whole milk. Place the pan over medium heat and heat the mixture until it begins to steam, but avoid boiling it. Remove from heat. In a separate bowl, whisk together the honey, egg yolks, vanilla extract, and salt until well combined.
- Slowly pour the hot cream mixture into the bowl with the egg yolks, whisking constantly to prevent the eggs from curdling.
- Once the mixture is well combined, pour it back into the saucepan. Place the pan over low heat and cook the mixture, stirring constantly, until it thickens enough to coat the back of a spoon. This should take about 5-7 minutes.
- Remove the pan from heat and allow the mixture to cool to room temperature.
- Once cooled, cover the pan and refrigerate for at least 4 hours or overnight.
- Once the mixture is chilled, transfer it to an ice cream maker and churn according to the manufacturer's instructions. This usually takes about 20-30 minutes, or until the ice cream reaches a soft-serve consistency.
- Transfer the churned ice cream to an airtight container, and freeze for an additional 2-3 hours, or until it firms up.
- Serve your homemade honey ice cream in bowls or cones and enjoy!

MATCHA ICE CREAM

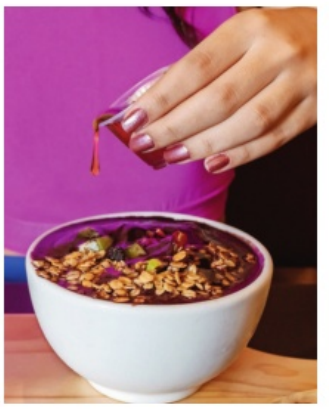
INGREDIENTS
- 400g Full fat coconut milk
- 1 tbsp Corn flour
- 1 tbsp Matcha Powder (BUY)
- 85g Castor sugar
- 2 tbsp Agave syrup or maple syrup
- 45ml Coconut cream
- Grated zest of 1 lime

METHOD
- Heat the coconut milk gently in a saucepan over a low heat. Put 4 tbsp of the warm milk in a small bowl and mix with the corn flour and Matcha powder until smooth and lump- free. Add sugar to the saucepan and stir over a low heat until dissolved. Turn up the heat and as soon as it starts to boil, stir in the corn flour and Matcha mixture. Reduce the heat and stir gently for 2-3 minutes until slightly thickened, creamy and smooth.
- Remove from the heat and stir in the agave or maple syrup, coconut cream and lime zest. Set aside to cool.
- Transfer to an ice cream maker or container, cover with a lid and freeze for 3-4 hours until frozen slightly and setting around the edges.
- Remove from the freezer and transfer the ice cream to a food mixer or food processor and mix briefly to break up any ice crystals and make it slushy.
- Return to the container, cover and freeze for a few hours or overnight until frozen. For really smooth ice cream, repeat the process again 3-4 hours later before freezing overnight.
- Remove the ice cream from the freezer about 15-20 minutes before serving to soften it slightly.
- Serve the scoops dusted with Matcha powder.

HONEY CHOCOLATE ICE CREAM

INGREDIENTS
- 2 cups heavy cream
- 1 cup whole milk
- 3/4 cup granulated sugar
- 1/4 cup honey
- 1/4 cup unsweetened cocoa powder
- 4 large egg yolks
- 1 teaspoon vanilla extract
- 1/2 cup chocolate chips or chopped chocolate (optional)

METHOD
- In a medium saucepan, combine the heavy cream, milk, sugar, honey, and cocoa powder. Place the saucepan over medium heat and whisk until the mixture is well combined and starts to steam. Remove from heat.
- In a separate bowl, whisk the egg yolks until smooth. Slowly pour about 1 cup of the hot cream mixture into the egg yolks while continuously whisking. This will temper the yolks and prevent them from curdling.
- Pour the egg mixture back into the saucepan with the remaining cream mixture. Place the saucepan over medium-low heat and cook, stirring constantly, until the mixture thickens and coats the back of a spoon. This should take about 5-7 minutes. Do not let it boil.
- Remove the saucepan from heat and stir in the vanilla extract. Let the mixture cool for a few minutes, then cover and refrigerate for at least 4 hours or until chilled.
- Once the mixture is chilled, transfer it to an ice cream maker and churn according to the manufacturer's instructions. If desired, add the chocolate chips or chopped chocolate during the last few minutes of churning.
- Transfer the churned ice cream to an airtight container and freeze for an additional 2-3 hours to firm up.
- Serve the homemade honey chocolate ice cream in bowls or cones, and enjoy!



Recipes by Tea Culture of the World and Yusuf Gallabhaiwala, Founder & CEO, Honey All Day for IANS

Jacky in Venice

Actor 'overwhelmed' to be part of discussion at Italian Pavilion

Actress Jacqueline Fernandez recently attended the Italian Pavilion's panel discussion at the ongoing edition of the Venice International Film Festival. The discussion was centred on the subject of 'New Image, new lifestyle and cinema in the new media time'.

The Italian Pavilion working space hosts conferences, conventions and business meetings with the aim of identifying industry trends and efficiently supporting the ecosystem with a global perspective

Sharing her experience, the 'Housefull 3' actress said: "I am overwhelmed to be a part of the Italian Pavilion's panel discussion. It is a wonderful opportunity to delve into the fusion of cinema, lifestyle, and the digital age." She further mentioned: "I believe that in today's world, everyone has the ability to capture their own story, and I am honoured to share my thoughts on how technology has amplified this capability."

On the work front, while Jacqueline was last seen in a cameo appearance in the Akshay Kumar and Emraan Hashmi-starrer 'Selfiee', she now has 'Crakk' and 'Fateh' in the pipeline.

Meanwhile, the 80th edition of Venice International Film Festival is currently underway at Venice Lido, in Italy. The festival, which is counted as big 3 along with Cannes Film Festival and Berlin International Film Festival, will wrap up its current edition on September 9, 2023.

—IANS

MASTER'S IN THE BAG

Bollywood star Akshay Kumar is a proud husband as his author-wife Twinkle Khanna has completed her master's degree in Fiction Writing from the University of London.

On Friday, Twinkle shared a video on Instagram and wrote a caption about her getting a master's degree. She wrote: "A year of reading, analysing, figuring out what even eighth graders know these days, how to do citations, dealing with assignments and submissions, and finally, by handing in my dissertation, it all comes to an end."

"I thought that handing in my final dissertation would be like breaking out of an academic escape room. But instead of celebrating, I am feeling lost because something that has been such a large part of my life for an entire year is now over."

"For younger students, their parents organise logistics. For people at my stage we are the organisers. I applied to five universities, got rejected by one, but got my first choice. Then, I had to do the tough bits: getting my daughter to move, not just schools but countries; arranging my work in a way that I can manage virtually and fly down repeatedly; working on my book, finding a place to live, doctors, plumbers, delivery apps, and making friends in a new city. It's all been overwhelming sometimes."

"The most important lesson I learned this year? Age is not a division sum where we are reduced to a fraction of what we were. It is a multiplier if we choose to keep growing in every way and not just horizontally," she added.

She shared a video, where she gave a tour of her university. **—IANS**

Dad-daughter duo on screen

Shah Rukh Khan and his daughter are both super excited for their upcoming films. While Shah Rukh's 'Jawan' will hit the theatres on September 7, Suhana's debut film, 'The Archies' will release on December 7. Amidst this, reports are rife that SRK and Suhana will be playing a special role in Sujoy Ghosh's next thriller. Earlier it was revealed that Sujoy is set to direct his new film starring Suhana and SRK.

Elaborating further, the report also added that Sujoy's film will be a spy thriller with Suhana taking on the lead role as a spy. As every spy needs a handler, it will be none other than Shah Rukh Khan! The pre-production for the movie is already in the works. This is not the first time Sujoy and Shah Rukh will be collaborating for a project. Earlier, they came together for 'Badla' which starred Amitabh Bachchan and Taapsee Pannu.

Meanwhile, Shah Rukh Khan's 'Jawan' is directed by Atlee and also stars Nayanthara and Vijay Sethupathi in lead roles. The film afeatures actors like Priyamani, Sanya Malhotra and Ridhi Dogra in supporting roles. The makers have aroped in Deepika Padukone, Sanjay Dutt and Thalapathy Vijay. **—ETImes**

Sleepless, but happy

National crush Vicky Kaushal went sleepless for three nights straight to shoot for 'Kanhaiya Twitter Pe Aaja' from the upcoming release 'The Great Indian Family' (TGIF).

Vicky said: "'Kanhaiya Twitter Pe Aaja' is my entry sequence in TGIF. A massive set was built that replicated a heartland town of India. The environment was infectious, there were countless dancers and crew who added to the vibe."

"We have constantly shot for 3 whole nights! Yes, I was sleepless, we all were but we were loving the vibe!"

The song is growing on the charts as the big Janmashtami song of the year! Vicky says Yash Raj Films went all out to give massive scale to his entry sequence because he is playing a singing sensation from heartland India! He said: "YRF really mounted Kanhaiya Twitter Pe Aaja to showcase the popularity of Bhajan Kumar in his hometown. My character is a singing icon in his town and the people of this town adore him." **—IANS**

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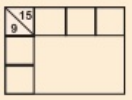
SOLVE IT IN A MINUTE

0,1,2,3,4,5,6,7,8,9
Use the digits above once each only to compose two fractions which when added together equal 1.

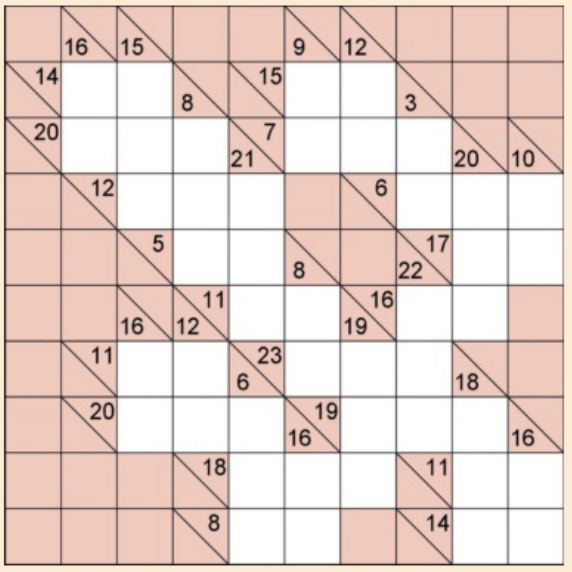
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

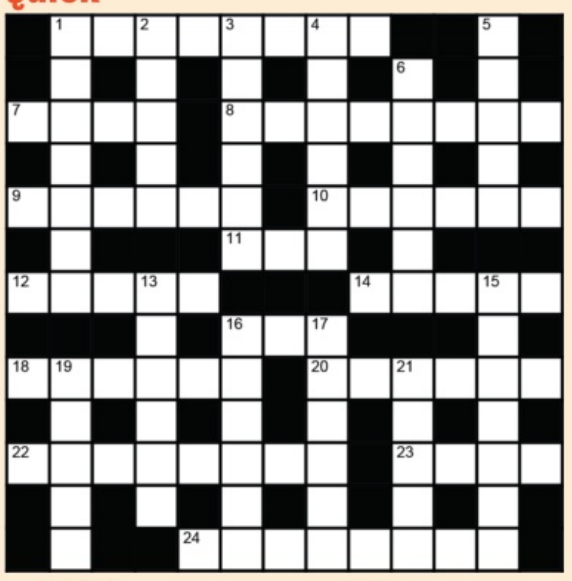


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Cautiously or in a circumspect manner (8)
7 European capital (4)
8 Rendered much scarcer (8)
9 Ethnic (6)
10 Within easy reach (6)
11 Fall behind (3)
12 Creations from the poets (5)
14 Scrape harshly (5)
16 Public vehicle (3)
18 Merchant of Venice lawyer (6)
20 Documents or manuscripts (6)
22 Damage evaluator (8)
23 Popular pub in Indira Nagar (4)
24 Government messenger (8)

DOWN

1 Nazi secret police (7)
2 Supermodel ___ Campbell (5)
3 Join or enlist? (US) (6)
4 Tempting (6)
5 Bitter – "caber" anagram? (5)
6 Happening or occurrence; event (6)
13 Headwear for bishops (6)
15 Shock, startle or frighten (7)
16 Resinous balm (6)
17 Rejects an offer (6)
19 Wonderwall rockers (5)
21 Capital of Bihar (5)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: T EQUALS P

SWQ WZC TCQOWZ VNW BQCKYO WS YKGMZD SMSLH LNWFOKZB TWFZBO, K NFZ-BQCB TCWTEC BQCKY WS XC-MZD ECSL SMSLH LNWFOKZB TWFZBO.

Linemaro

Is your name Google? Because you have everything I've been searching for.

Mindchow

The greatest pleasure in life is doing what people say you cannot do.

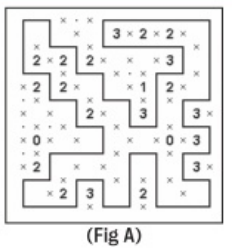
Joke of the day

Boy calls 911 and says: "Hello? I need your help! Two girls are fighting over me!" 911: "So what's your emergency?" Boy: "The ugly one is winning."

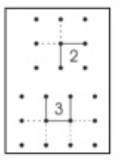
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

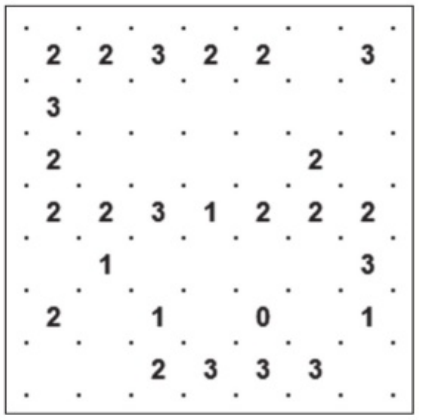


(Fig B) Not Allowed

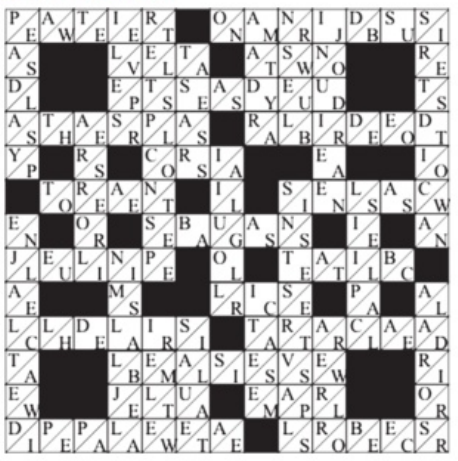
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1	2	3	4	5
6				
7				Y
8				
9				

ACROSS

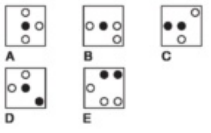
1 Traps; 6 Ailed;
7 So sly; 8 Ate Ab;
9 Re Few

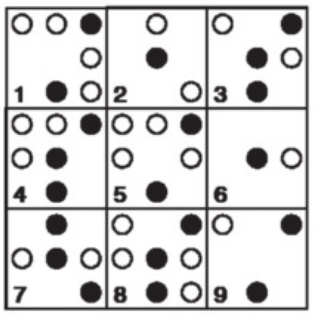
DOWN

1 If pal; 2 Abode;
3 Wears; 4 Tates;
5 Lyres

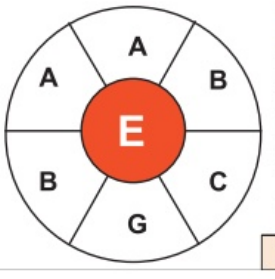
Mensapuzzle

Looking at lines across and down, if the first two tiles are combined to produce the third tile, with the exception that like symbols are cancelled out, which of the tiles is incorrect, and with which of the tiles below should it be replaced?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

01 Average; **02** Good; **03** Outstanding

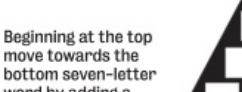
SudokuChallenge

					2			1
2			6	1	9			4
3		9		7				
6		2				8		
	7			6			5	
		8				4		3
				5		9		6
5			1	4	3			2
7			8					

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 10
1 2 2 7

Medium = 29
1 2 5 6

Hard = 11
2 5 7 3

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Hat is larger. 2. Apron bow is smaller. 3. Sign is smaller. 4. Sleeve is shorter. 5. Label is different. 6. Hand is moved.

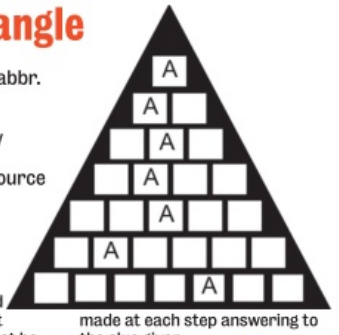
Riddler

Fill in the grid below with valid words using the letters: AAEEIIMMPPTT. The grid, when completed, reads the same across as down.

L _ _ _
_ D _ _
_ _ A _ _
_ _ _ E

Alpha triangle

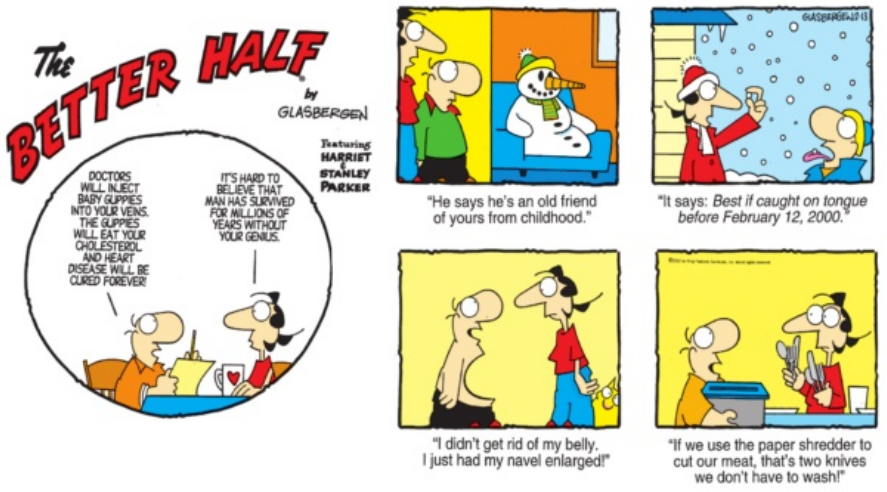
1 Blood gr.
2 Andhra Pradesh, abbr.
3 Drain of power
4 Drops off
5 European country
6 Takes fright
7 Popeye's power source

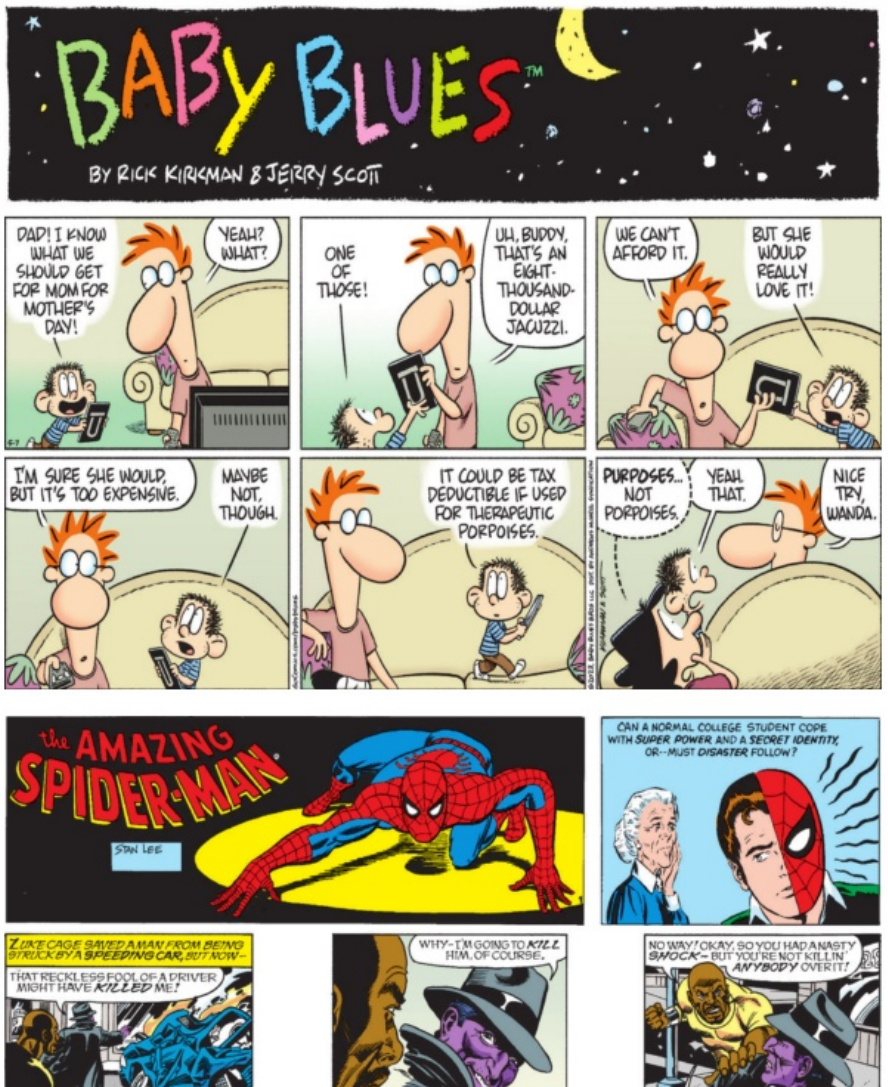


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
featuring HARRIET & STANLEY PARKER
DOCTORS WILL INJECT BABY GUPPIES INTO YOUR VEINS. THE GUPPIES WILL EAT YOUR CHOLESTEROL AND HEART DISEASE WILL BE CURED FOREVER!
IT'S HARD TO BELIEVE THAT MAN HAS SURVIVED FOR MILLIONS OF YEARS WITHOUT YOUR GENIUS.
"He says he's an old friend of yours from childhood."
"It says: Best if caught on tongue before February 12, 2000."
"I didn't get rid of my belly. I just had my navel enlarged!"
"If we use the paper shredder to cut our meat, that's two knives we don't have to wash!"


BABY BLUES
BY RICK KIRKMAN & JERRY SCOTT
DAD! I KNOW WHAT WE SHOULD GET FOR MOM FOR MOTHER'S DAY!
YEAH? WHAT?
ONE OF THOSE!
UH, BUDDY, THAT'S AN EIGHT-THOUSAND-DOLLAR JACUZZI.
WE CAN'T AFFORD IT.
BUT SHE WOULD REALLY LOVE IT!
I'M SURE SHE WOULD, BUT IT'S TOO EXPENSIVE.
MAYBE NOT, THOUGH.
IT COULD BE TAX DEDUCTIBLE IF USED FOR THERAPEUTIC PORPOISES.
PURPOSES... NOT PORPOISES.
YEAH, THAT.
NICE TRY, WANDA.

the AMAZING SPIDER-MAN
STAN LEE
CAN A NORMAL COLLEGE STUDENT COPE WITH SUPER POWER AND A SECRET IDENTITY, OR--MUST DISASTER FOLLOW?
LIKE CAGE SAVED A MAN FROM BEING STRUCK BY A SPEEDING CAR, BUT NOW--
THAT RECKLESS FOOL OF A DRIVER MIGHT HAVE KILLED ME!
WAIT! WHAT'RE YOU PLANNIN' TO DO?
WHY--I'M GOING TO KILL HIM, OF COURSE.
NO WAY! OKAY, SO YOU HAD A NASTY SMACK-- BUT YOU'RE NOT KILLIN' ANYBODY OVER IT!
IF YOU WANT SOMETHING TO DO, YOU CAN TELL ME--
WHY'D YOU DYE YOUR FACE AND HANDS PURPLE??
WHILE...
THERE! THE PLACE'S ALL SET FOR OUR PRIVATE PARTY! WHEN MJ GETS HOME!
NOTHING'S GONNA GET ME OUT OF THIS APARTMENT TONIGHT!
THE PURPLE MAN RAINS ON PETER'S PARADE!

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you have control over your opponents and hidden enemies. A decision in a legal matter may come in your favour. Your seniors may be happy because of your hard work, and you may get new responsibilities in terms of promotion. Singles may find a soul mate.

Taurus Apr 21 – May 20
Today you may be happy, and you may plan to buy some creative stuff that may improve your lifestyle. You may also spend on your friends and family members. You may plan to make investments in assets. Singles may have a good match, and lovebirds may enjoy their important moments.

Gemini May 21 – Jun 21
Today you may be in search of peace of mind. But the moon's blessings may help you focus yourself. Investments in property and other assets are advised to be avoided. You may have some happy moments in your domestic life, but it is advised to avoid arrogance and ego with your spouse. Disputes with the business partner are likely to be resolved.

Cancer Jun 22 – July 23
Today you are blessed by the moon; your destiny is likely to be with you. Today, you may be more energetic and focused on your work. Your hard work may pay off in terms of success. Your subordinates may help you. You are likely to go on short work-related trips. Some good news may come from your sibling. You may plan to renovate your house or office, where your creativity will be tested.

Leo Jul 24 – Aug 23
Today you may be able to control your expenditure on worthless things, which may increase your savings. You may be more creative today; you may use your creativity in your office or at home, which may enhance your social status. Lovebirds are likely to get some support from their family members and friends for marriage.

Virgo Aug 24 – Sep 23
Today messy situations are now under control. You may feel peace in your mind. You may be able to make a proper balance between expenditures and earnings, which may increase savings. You are advised to avoid too much travelling or overworking; it may affect your health. Students can start planning for their higher studies. Love birds may enjoy their happy moments.

Libra Sep 24 – Oct 22
Today you may face health issues, which may make you impatient. You are advised to control your short-tempered nature. You may spend your hard-earned money on buying worthless stuff, which may affect your savings. Lovebirds are advised to avoid discussions on worthless topics; otherwise, there might be a breakup.

Scorpio Oct 23 – Nov 22
Today is a good day. In the business, you may get new clients, which will be helpful in terms of growth and profits. Singles are likely to find a good match. In domestic life, you must avoid hiding anything from your spouse; otherwise, it will create a gap in your relationship. Job seekers are likely to get a new job, and there are chances of promotions in their current job.

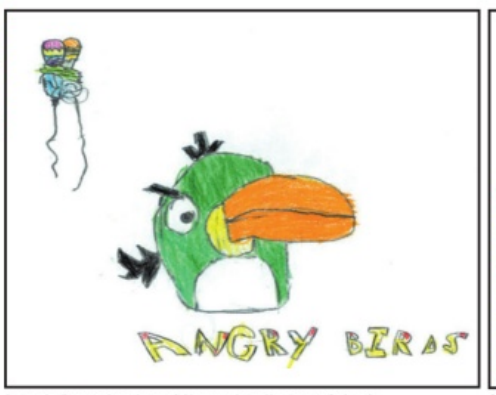
Sagittarius Nov 23 – Dec 22
Today with the help of your strong network, you may implement your business plans. You may use your wisdom to gain profits. You may also have harmony in your domestic life; there may be good understanding between you and your spouse. Natives related to metal booking agents will do better.

Capricorn Dec 23 – Jan 20
Today you are more religious; you may plan to visit some religious place to find peace of mind. You may donate some amount to a charity or spiritual place. People around you may get help and support from you in terms of financial or moral support. You may enjoy every moment with satisfaction and patience.

Aquarius Jan 21 – Feb 19
Today you may have a dull feeling. You are advised to control your short-tempered nature. Your focus is tested many times; you should try to avoid scattering towards your goals. So it is advised not to invest in worthless stuff. Lovebirds are advised to avoid making arguments on worthless topics.

Pisces Feb 20 – Mar 20
Today you are blessed by the moon. You may make new plans in terms of business, and your colleagues may be with you to implement your plans. You may recover your stuck money from your clients, which may boost liquidity in the business. After late evening, you may feel some depression, which may affect your sound sleep.

KIDZONE



Aniruda Ramachandren, 8 Years, Jain Heritage School

Qurrat-Ul-Ain, 11 Years, Wisdom International School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
186/372 + 45/90
=1/2 +1/2
=1

BULL'S EYE
babe, CABBAGE, cage

STRIKE OUT

P	A	T	E	R	O	M	N	I
A	V	E	T	A	W	N	E	C
L	E	S	S	A	Y	E	D	T
S	H	E	R	P	A	B	I	D
Y	R	O	R	A	A	O	R	A
O	R	A	N	L	I	N	L	A
E	O	S	A	G	A	N	I	N
J	U	L	I	E	O	T	A	L
E	S	L	I	E	A	A	C	
C	L	E	A	R	S	T	R	A
T	B	E	L	I	E	V	E	I
E	E	T	A	M	A	R	O	
D	E	P	L	E	T	E	L	O

FAST FIVE

P	A	R	T	S
I	D	E	A	L
L	O	S	S	Y
A	B	A	T	E
F	E	W	E	R

RIDDLER
The words are limp, idea, meat, and pate.
L I M P
M E A T
I D E A
P A T E

QUICK

S			E	M	I	S	S	A
I		S		A		N		N
A	S	S	E	S	S	O	R	
P	O	R	T	I	A		P	A
E		B	U	S				E
P	O	E	M	S		G	R	A
	P		L	A	G		I	
R	A	C	I	A	L		N	E
T		M		O		I		F
O	S	L	O		R	A	R	E
G	I	N	G	E	R	L	Y	

SUDOKU

4	6	7	3	8	2	5	9	1
2	8	5	6	1	9	3	7	4
3	1	9	5	7	4	6	2	8
6	4	2	9	3	5	8	1	7
1	7	3	4	6	8	2	5	9
9	5	8	7	2	1	4	6	3
8	3	1	2	5	7	9	4	6
5	9	6	8	4	3	7	8	2
7	2	4	8	9	6	1	3	5

MENSA PUZZLE
Tile 7 is incorrect, and should be replaced by tile B.

QUOTE UNCODE
For one person who dreams of making fifty thousand people dream of being left fifty thousand pounds.

ALPHA TRIANGLE
A, AP, Sap, Naps, Spain, Pants, Splnach.

GO FIGURE
Easy
2 + 7 + 2 – 1 = 10
Medium
6 × 5 – 2 + 1 = 29
Hard
7 + 2 + 5 – 3 = 11

LOOP

KAKURO

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Lucky girl

Why Samantha feels she is luckiest girl alive

Samantha Ruth Prabhu, one of Tollywood's most beloved actresses, expressed her immense gratitude and joy after receiving a heartwarming response for her latest release, 'Kushi.' The talented actress, who is currently abroad, took to Instagram to share her feelings, describing herself as the "luckiest girl alive." Her heartfelt message came in the form of a series of images and a video, providing fans with a glimpse into her emotions and the incredible journey surrounding the film.

In the first image shared by Samantha, she is seen making a heart shape with her hands, radiating with happiness and love. The subsequent two images capture her in a state of anticipation, eagerly awaiting the audience's response to her work. Finally, the fourth image is a clip that perfectly encapsulates the euphoria surrounding 'Kushi,' with confetti showering the air during a memorable song sequence.

> **It's the possibility of having a dream come true that makes life interesting**

Samantha accompanied these visuals with a thoughtful caption that read, "It never gets easier; it's the possibility of having a dream come true that makes life interesting." In her Instagram post, Samantha went on to express her gratitude: "Thank you for #Kushi pic 1 - After the movie's release, Pic 2 and 3 - Before (the stressssssssssss), Video 4 - You make me feel like the luckiest girl alive."

—ETimes

When Miley fell in love with Liam

Singer-songwriter Miley Cyrus has reminisced on 'The Last Song', the 2010 film she starred in with Liam Hemsworth, and why the movie felt so special at the time.

In a recent instalment of her 'Used to Be Young' TikTok series to celebrate her new song of the same name, the 'Flowers' singer opened up about casting her now ex-husband as her love interest in the film based on Nicholas Sparks' book, reports 'The Hollywood Reporter'.

"In 2008, I needed to do another feature film for Disney and I didn't want it to be a part of Hannah Montana," she said. "Once we had written the screenplay, it was time to audition all the guys who would play Will, my boyfriend in the movie. And we had gotten it down from thousands to the final three, and Liam was a part of that final three." As per 'The Hollywood Reporter', 'The Last Song' follows rebellious teen Ronnie (Cyrus) who gets sent to a beach town for the summer to stay with her father, Steve (Greg Kinnear). But after meeting Will (Hemsworth) and beginning to fall in love, Ronnie starts to rediscover her love of music, which helps rebuild her relationship with her dad. —IANS